

**Registration
information**

**Send a check for
\$15.00 made out to
“Council of
Religious”(includes
lunch) to:
Registrar
Diocese of Raleigh
715 Nazareth St.
Raleigh, NC
27606
By Sept. 19th.**

**“Passing on the Gift”
Council of Religious
Diocese of Raleigh NC**

**The Council of
Religious of the
Diocese of
Raleigh**

presents

*A
Day
of
Reflection
On
Prayer
And
Spirituality*

**When:
Sat., Sept. 24th
9:30-2:30
Where:
St. Andrew Apex**

Schedule for the Day

9:15 - 9:25 Registration

9:30 - 11:30 Workshop I
Choose one...

- “Praying Through Grief, Loss and Transition”
- “A Spirituality of Earth as seen through the Eyes of Hildegard of Bingen & the Earth Charter”

11:30-12:30 Lunch

- By Hammon’s Catering

12:30– 2:30 Workshop II
Choose one...

- “Spirituality: the Art of Awakening
- “Theological Reflection: a Means to Spiritual Growth

“Praying Through Grief, Loss and Transition”



Dr. Marion Danforth, Ed. D

To be bereaved literally means to be robbed. The experience of loss often leaves one robbed of words and familiar sources of strength or consolation. This workshop explores pathways of prayer for entering into the loss, companioning sorrow, and discovering the grace of transformation.



“A Spirituality of Earth as seen through the Eyes of Hildegard of Bingen & the Earth Charter.”

Sr. Patricia Cornell and
Sr. Mary Margaret Weber, C.S.C.



Although Hildegard of Bingen, a woman mystic of the 12th century, lives in another time and place, her insights, derived from her relationship with the Divine, are timeless and speak to our own time and place. What can she teach us that will help us live as she lived, in harmony with the earth.

“Spirituality: The Art of Awakening”

Ms. Mary Pat Barth, MS, MPS



God is nearer to us than we are to ourselves! It is all a matter of “awakening.” This workshop will explore some of Meister Eckhart’s spirituality as well as the Ignatian motto and reality of Finding God in all things at all times.”

“Theological Reflection: a Means to Spiritual Growth”



Sr. Joanna Walsh, F.C.J.

Sr. Joanna will explain the process of theological reflection and its helpfulness as a spiritual practice.